# BRUICAL British Adventure







## The Cotswolds, The Lake District & Scotland A Quintessential British Adventure | 06-20 September 2025

Join our gorgeous women-only active escape, exploring some of the most beautiful parts of Great Britain! We believe that every day should be an adventure, no matter what you're doing, and this trip delivers in bucketloads with a beautiful combination of luxury, hiking, culture, history and more. Experience 15 days of delightful adventure and fun from Bath to the Scottish Highlands.

Begin in sophisticated Bath (a microcosm of the very best of London) where you will celebrate the 250th anniversary of Jane Austen. Then immerse yourself further into British country life through hiking and exploring the beauty and history of the Cotswolds, the Lake District and the finest of Scotland: the culture and beauty of Edinburgh, the fabulous locals in the Highlands (off-grid and loving it) combined with the most amazing tales, gorgeous villages and quintessential scenery. And the food is sublime, just to round things out.

The women you will connect and explore with are beyond inspirational and are passionate about life and travel. A tour that is beautiful from start to finish.

Imagine, kicking off your fabulous adventure with some luxury life in Bath: a gorgeous boutique hotel, divine dining and retail all wrapped up with cultural immersion into Jane Austen and Bridgerton territory.

Then heading out into nature and the spectacular British countryside – where you explore on foot and not in a bus.

This remarkable journey takes you from Bath to Inverness in the Scottish Highlands. Along the way you'll also hike through the charming villages of the Cotswolds and the spectacular scenery of the Lake District National Park. You'll experience culture and heritage by visiting castles, historic homes and a modern-day croft.

And your body and soul will be nourished through yoga, nature walks, and various foodie experiences. And of course, you'll meet a variety of fascinating local characters along the way!

If you love a touch of glamour combined with the great outdoors, sublime food and great company then this is the trip for you!

### Diva Active

Travelling Divas active adventures are a little different to others. Yes, you will hike and get outside, get in amongst it and be immersed into the spectacular countryside you will be exploring.

But all trips are combined with necessary down time, immersion into local culture, meeting local people, delicious dining and beautiful stays that take your adventurous days to the next level.

## Price Includes

Fully escorted from Bath by your Travelling Divas tour leader (and certified hiking guide)

#### **Boutique Accommodation:**

- 3 nights at The Bird, Bath
- 3 nights at The Bay Tree, Burford
- 3 nights at Inn on the Square, Keswick
- 2 nights at The Bonham, Edingburgh
- 3 nights at Dowans Hotel, Aberlour

#### Meals:

- Breakfast daily
- 10 lunches & 1 brunch
- 11 evening meals

The services of a qualified and experienced hiking guide throughout the hike from Day 3 to Day 14; A second guide on days when the hiking is slightly more challenging

All transfers throughout in a private mini coach with driver

All local boat rides as per the itinerary

All activities mentioned in the itinerary

- Visit King Charles' Highgrove Estate with private guide
- Visit Sudeley Castle with privately hosted talk
- Visit Chedworth Roman Villa with private guide
- Visit Dove Cottage at Grasmere

Private Yoga session

Private walking tour of hidden Edinburgh

Visit a Highland croft run by two fabulous women, who escaped to live a better life

Whiskey tasting and tour

Visit Ghillie Basan to learn about her life and cooking; and for a final night's dinner

Fruit and local snacks throughout the trip

Gratuities for hotel and restaurant staff, as well as local guides (but not our lead guide or the coach driver)

24/7 in-country support

**NOT INCLUDED:** Airfares unless stated in the itinerary; items of a personal nature; phone calls; passport and visas (if applicable); entry fees into countries charged at the airport; laundry or tips. Personal transport; excess baggage; security and additional government taxes not covered already; travel insurance. Meals not specifically mentioned in the itinerary; beverages unless specifically described. Optional excursions or activities that may be offered but are not included in the tour price.

#### **Getting there**

So many ways to get to Bath either via direct, fast train links from London or a number of international and domestic flights into nearby Bristol. Just ask us how and we will find the best solution for you and get you there!



#### From Bath to Inverness

06-20 September 2025

Twin share \$15,755 per person

Single \$19,295 per person

#### Saturday 06: Hello Bath...

Arrive into Bath, an elegant city full of traditional heritage, contemporary culture, and green spaces. Your guide will meet you in the afternoon at your unique hotel nestled within a quiet residential neighbourhood a stones throw from the city centre. Enjoy a relaxed evening ahead of a day of adventure tomorrow.

#### Accommodation: The Bird, Bath Meals: Dinner

## Sunday 07: Bath's most famous resident and a touch of Bridgerton...

Explore the life of Bath's most famous resident, Jane Austen. In 2025 celebrate 250 years since this remarkable author came into the world, experience The Jane Austen Centre, giving you a snapshot of life during Regency times and learn how living in this magnificent city affected Jane Austen and her writing.

In the afternoon join a local guide to enjoy a walking tour, visiting key sites of the city including Pulteney Bridge and The Royal Crescent. Dear Gentle Readers, there will be a touch of Bridgerton sprinkled throughout as some of this exquisite series was filmed here as well. This evening a delicious welcome dinner at a favourite Bath establishment....

Accommodation: The Bird, Bath Meals: Breakfast, Dinner

#### Monday 08: The Roman life...

Enjoy a lighter breakfast this morning at your hotel as later on this morning we'll visit The Pump Room for a Bucks Fizz Brunch ahead of entering the Roman Baths to explore one of the world's oldest religious spas; bear witness to the Sacred Spring, discover the Roman Temple and marvel at the Roman Baths as you wander through centuries of history. Then some gorgeous free time this afternoon to explore the beautiful boutiques or perhaps some more cultural exploration before dinner at your hotel. Tomorrow we head to the beauty and serenity of The Cotswolds.

Accommodation: The Bird, Bath Meals: Breakfast, Brunch, Dinner

## Tuesday 9: To the Cotswolds & a private visit to the King's Royal Estate on the way...

After breakfast we'll check out of our hotel and travel along the spine of the Cotswold to Highgrove Estate, one of King Charles II private residences. Here we'll embark on a private tour of the estate and gardens, a place of peace and tranquillity, where The King's passion and imagination have been etched onto the Cotswold landscape. From the magnificent Wildflower Meadow to the enchanting setting of the Arboretum, the gardens embody His Majesty's gardening ideals and organic principles. Afterwards we'll have lunch in the nearby Cotswold town of Tetbury,



Private guided walking tour Bath – Bridgerton & Jane Austen territory

Private tour of King Charles' residence, Highgrove Estate

Private guided tour of Sudeley Castle

Chedworth Roman Villa with a private guide

Private yoga session at Windermere Jetty Museum

Private visit with Ghillie Basan, famous cook book author/foodie delight and fabulous woman

Beautiful hiking

Private whiskey tasting

Private guided walking tour of hidden Edinburgh

Gorgeous accommodation; Fabulous food

So much more...

enjoying some time to wander around the high street before transferring to our accommodation in Burford. **Accommodation:** The Bay Tree, Burford **Meals:** Breakfast, Lunch, Dinner

#### Wednesday 10: Hiking the Cotswolds...

In the morning, after breakfast we'll transfer to Stow-onthe-Wold and enjoy a classic Cotswolds hike along the Monarch's Way, linking the charming villages of Stowon-the-Wold, the Slaughters (much nicer than its name suggests!) and Bourton-on-the-Water (known as the 'Venice of the Cotswolds'). We'll enjoy a packed lunch supplied by a local deli before taking some time to walk around this idyllic village and its prized, beautiful river along with its 5 stone bridges that date back to 1654. Early afternoon we will transfer to Sudeley Castle to take a guided tour of the beautiful gardens and grounds whilst learning about its royal connections spanning a thousand years. If you're a fan of the Tudor period you will love this! A short transfer 30-minute transfer takes us back to our hotel for the evening.

Accommodation: The Bay Tree, Burford Meals: Breakfast, Lunch, Dinner Walk Details: 6 km / 4 miles | 12 m / 38 ft elevation gain | Approx: 2 hrs

# Thursday 11: A Roman villa & the prettiest street in England...

A short transfer takes us to Chedworth, one of the grandest Roman villas of its time. After exploring the beautiful ruins, we'll enjoy a relaxed hike, following the banks of the River Coln to the charming village of Bibury, passing through woodland and through small villages on the way. In Bibury, you can explore Arlington Row, often said to be the prettiest street in England. This row of weavers' cottages was created in the 17th century but the original buildings date back to around 1380. A short transfer returns us to Burford.

Accommodation: The Bay Tree Burford Meals: Breakfast, Lunch, Dinner



I had a wonderful trip with yourself and the girls. I experienced firsthand your care and professionalism in organising everything, and all the small details that you have to deal with that we do not see ... You were always concerned that everyone was happy and catered to all our needs, and I appreciated your knowledge and the lovely hotels and restaurants

everywhere we went.

#### Diane

Thank you for a fantastic weekend away in McLaren Vale. It was a great four days – full of wine, food and lots of laughs.

Not knowing anyone ahead of the trip I wondered what it would be like....everyone got along well and the trip ran like clock work! Not only were all the wineries we visited AMAZING but the transport was also excellent. Having been on one trip with Andrea (and Jane) I wouldn't hesitate in booking more. Ingrid

At times it can be lonely travelling alone, which is why travelling with the 'Divas' was so pleasant – a blend of interesting, well thought out and planned activities, some personal pampering and well chosen accommodation, some learning, exploring and leisure time, as well as fine-dining and good conversation with an interesting group of independent women, including our very vigilant and charming hostess/leader. **Terry** 

#### Friday 12: Goodbye Cotswolds, hello Glorious Lake District...

Today we transfer north to the Lake District National Park. The transfer time is almost 5 hours, so there is no time for a lot else. We'll stop roughly halfway at Trentham Estate, this is both a great opportunity to stretch your legs and also time for you to have lunch in one of the many options that are close by. Once we have arrived and settled into our Lake District hotel we'll take an (optional) light hike to the top of nearby Latrigg, with beautiful views down the valley of Borrowdale. We then head to the hotel to checking and enjoy dinner.

**Accommodation:** The Inn on the Square, Keswick **Meals:** Breakfast, Dinner

Walk: 2 km/2 miles | 87 m/285 ft elevation gain | 1 hr

## Saturday 13: Williams Wordsworth, Gingerbread and a gorgeous hike...

After breakfast, we transfer to Grasmere, visit the home of William Wordsworth for a tour of his cottage and amble around the pretty little village before visiting the Grasmere Gingerbread shop to learn about the history of this local delicacy, and of course sample the goods! Afterwards, we'll pick up a packed lunch and set out on our first of our Lake District hikes to a nearby mountain tarn passing waterfalls and natural infinity pools, a great opportunity to dip a toe! We'll transfer back to our hotel to debrief and relax before dinner.

**Accommodation:** The Inn on the Square, Keswick **Meals:** Breakfast, Lunch, Dinner **Walk:** 8 km/5 miles | 261 m/855 ft elevation gain | 3 hrs



#### Sunday 14: Yoga, The Central Lake & Mr McGregor's Garden...

After hiking yesterday, an easier day today. We'll drive down the spine of the Lake District along the winding country roads to Windermere for a private session with a local Vinyasa Yoga instructor at the fascinating waterfront location of Windermere Jetty Museum. You'll enjoy an hour of practising a popular and dynamic style of yoga that emphasises fluid movement and breath synchronisation, whilst stretching out those tight muscles. Afterwards, enjoy a refreshment in the Jetty Museum's Cafe before boarding a launch (boat) that will take you north on Lake Windermere to the Waterhead Jetty. You'll have some free time to explore the bustling town of Ambleside in the heart of the Lake District before transferring to Lingholm Kitchen to enjoy the quintessentially British tradition of Afternoon Tea, overlooking the garden which Beatrix Potter credited as her inspiration for Mr McGregor's garden in The Tale of Peter Rabbit. Dinner is at leisure tonight to enjoy the wonderful little town of Keswick at your own pace.

**Accommodation:** The Inn on the Square, Keswick **Meals:** Breakfast, Afternoon Tea

#### Monday 15: Crossing borders - to Scotland

Today we transfer north to Edinburgh (about 3.5 hours). However, before we leave the Lake District we'll make a stop at Aira Force on the shores of Ullswater. Quiet glades give way to dramatic waterfalls, we'll visit a thundering waterfall that drops 65 feet past ferns and rocks. Made even more picturesque by the small stone bridge at the bottom. There are so many woodland trails to discover in this landscape of contrasts. Afterwards, we'll head north to Edinburgh, a journey of around 3 hours through the winding Scottish countryside.

Once we have arrived we'll settle into our hotel in a beautiful part of the New Town district. Choose to dine in at this beautiful hotel or walk to the Old Town (only 10 minutes away) and explore what's on offer!

Accommodation: The Bonhom Meals: Breakfast, Lunch

#### Tuesday 16: Exploring the Scottish Capital...

After breakfast, it's time to explore!

A day exploring Edinburgh, including the famous Old Town district which has UNESCO World Heritage Site status. Enjoy a morning with a fascinating local guide, who will show you the city through their own personal insight, past, present and future. You'll finish with a tasting of the national dish of Scotland, the Haggis.

Take the afternoon to continue your exploration on your own as Edinburgh has to much to offer. The history is incredible and Edinburgh Castle is just the tip of the iceberg. Museums are free here and of course for those who love modern royal history, Britannia, the retired favourite yacht of Queen Elizabeth II is moored here!

Enjoy making your own memories!

Accommodation: The Bonhom Meals: Breakfast, Lunch



#### Wednesday 17: Heading for the Highlands...

This morning we transfer north to Cairngorms National Park in the Scottish Highlands (3 hours). After lunch, we visit a small croft run by two remarkable ladies dedicated to small-scale farming in tune with nature.

Afterwards, we'll continue to the attractive village of Aberlour and check into our hotel. There should be time for a short walk in the village, perhaps along the banks of the River Spey, or up to a waterfall that is close to the hotel, before dinner.

Accommodation: Dowans Hotel Meals: Breakfast, Lunch, Dinner

#### Thursday 18: Hiking & a Whiskey tasting...

We'll transfer 30 minutes north to Findhorn, we will enjoy a relaxing coastal hike along a scenic stage of the Moray Coastal Trail. In the afternoon we'll take a trip to a local distillery where we will learn about the local whiskeys and enjoy a whiskey tasting experience..

Accommodation: Dowans Hotel Meals: Breakfast, Lunch, Dinner

## Friday 19: Hiking Ben Rinnes & an evening with Ghillie Basan

A fabulous day to finish the trip! In the morning, we hike up a 'local's favourite' peak called Ben Rinnes. The 4-hour hike takes us to its summit, 840m above sea level, for wonderful views across Moray and the Cairngorms. Afterwards, we visit Ghillie Basan, a remarkable chef/writer who has lived off-grid for most of her adult life. Here, we'll learn about her philosophy towards food and life, and enjoy a wonderful final night banquet, complete with whisky tasting.

Accommodation: Dowans Hotel Meals: Breakfast, Lunch, Dinner Walk: 8 km/5 miles | 549 m/1,800 ft elevation gain | 4 hrs

#### Saturday 20: Time to say farewell...

Sadly all good things must come to an end. A 90-minute transfer takes us to the capital of the Highlands, Inverness. We'll have a little bit of time to wander around the high street before we say our farewells as the trip comes to a close around lunchtime. Included is a group transfer to the railway station then Inverness Airport depending on your choice of departure transport. **Meals:** Breakfast

## Terms & Conditions

Please see full booking terms and conditions at www.travellingdivas.com/terms-and-conditions

#### **Bespoke Journeys**

Travelling Divas creates bespoke journeys guided by dedicated tour leaders and local guides. This means you travel with hands-on care as well as invaluable local expertise and language. Our local guides lead our divas away from the tourist traps to gorgeous places you just wouldn't find on your own. We want your Travelling Diva experience to be authentic and uniquely yours.



Travelling Diva hotels and local experiences are carefully selected for their quality, divability and authenticity.



#### Bath | The Bird

The Bird is wonderfully vivacious and vibrant. Just a few minutes' mosey from the buzzing epicentre of Bath, discover bedrooms that are a daring fusion of colour and comfort or dine at our snazzy neighbourhood restaurant. All this, and a whole lot more awaits you at The Bird. Not just a base but a lovely place to enjoy some down-time after a day out. Hunker down in our bodacious bedrooms, with cracking Bath views. The Terrace and Bar is a tranquil haven bathed in sunshine providing a luxurious oasis in the heart of Bath. Unwind with a glass of something chilled and delicious small plates, savour a cup of coffee, or indulge in a stylish dinner under the stars.



#### The Lake District | The Inn on the Square

The Inn on the Square features modern Scandinavian design mixed with a love for all things Cumbrian – our family-owned Keswick hotel simply oozes comfortable indulgence (with optional adventures on the side). The handy central Keswick location means that everything is just outside your door – from shops to bars and restaurants to typical Keswick sweet shops. Derwentwater lake is only a 10 minute wander through the town if you feel like having a paddle, taking a boat ride or simply enjoying the views. With 34 modern bedrooms, a chic lounge bar and our Brossen Steakhouse – the Inn on the Square is perfect for romantic weekenders, fresh-air seeking walkers or people who simply love the Lake District.



#### The Cotswolds | The Lamb Inn, Burford

The Lamb Inn is an institution with generation after generation of families succumbing to its charms. A genuine quintessential English inn with modern day comforts. Arrive, relax and switch off. Step through the door and leave the outside world behind you. Walk into the entrance hall where you will be met by the warmth of an open log fire, and the grandfather clock that stands proudly in the corner.

It started life in the early 15th century as a weaver's cottage and has since indulged in a few modern touches to help complete your stay. Quintessentially English, with open fires and many armchairs to sink into, books and papers to read, board games to be played and good food to be eaten. Sit back, forget everything else and just relax.





## The Diva Difference

Explore the world with fabulous, like-minded women who are passionate about travel and life. Travelling Divas is a boutique travel company creating exclusive travel experiences for women.

Divas are about having fun, making connections and creating memories to last a lifetime. Travelling Divas is all about you, and our bespoke, high-value and experiential tours ensure you return home with a desire to keep on exploring this amazing planet we live on. Check us out and come and explore the world from a different-point-of view.



#### Edinburgh | The Bonham

Set in a quiet leafy crescent in the exclusive West End of Edinburgh, only minutes from the main attractions, The Bonham provides guests with luxurious, fully refurbished rooms and suites. Many rooms offer stunning views either over Drumsheugh Gardens or towards the Firth of Forth and the Kingdom of Fife.

Welcoming lounges and a stylish restaurant and bar make the most of the beautiful interiors of the original houses and look over the peaceful gardens.

#### The Scottish Highlands | Dowans Hotel, Aberlour

The hotel, built in 1888, offers sixteen individual and bespoke en-suite rooms ranging from cosy and elegant singles to eloquently styled king and super-king size doubles. Every room has tea and coffee making facilities, a flat-screen television, free Wi-Fi and en-suite bathroom stocked with complimentary toiletries. With the Glenfiddich Terrace and manicured lawns looking out over the Spey Valley to the front, and a grand ornamental pond with fountains and stoned pathways set within the shadow of Ben Rinnes to the rear, whichever room you are in, the view is sure to delight.





## Founder, Andrea

Old Swan,

www.travellingdivas.com andrea@travellingdivas.com or call +61 (0)408 721 569